

Unit VII Homework

By: All A+ Essays

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This assignment will be a personal reflection journal; you must include your reaction to the unit content (social wellness) and how the unit content relates, affects, and applies to you. Address the following question: How does social wellness relate, affect, and apply to your professional and





personal life? You may include the following items in your reflection journal: your reaction to the class discussions, lessons, learning activities, and related readings; ? how the content relates, affects, and applies to you; ? questions about the class discussions, lessons, learning





activities, and related readings; ? relevance of the class discussions, lessons, learning activities, and related readings to something you have read or experienced; ? ideas with which you agreed or disagreed; and ? personal feelings that relate to the topics discussed in this unit.o Please do NOT





summarize or tell what was covered in the unit. The assignment should contain your reactions and application of the information. o Please do not write what you think the professor wants to hear. Instead, tell your honest thoughts and reactions (in a respectful and appropriate manner).





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Please note the example provided for your reference. The template contains a title page and other standards of APA style, including Times or Times New Roman, 12 point font, double-spacing, and one inch margins on all sides. Save all of your work in the template, and submit it in Blackboard for





grading. Information about accessing the Blackboard Grading Rubric for this assignment is provided below. Attachments Question Field #English





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